

## 4. CLUBS ARZ

Founded in spring 1973 in Montreuil-sous-Bois in Paris region, the purpose of association **AMT** (*Traditional Martial Arts*) was to promote by its teaching part of knowledge of the *budo* and more precisely the *AIKIDO*, the *KARATEDO*, *KEN JITSU*, the *KOBUDO* and the *IAIDO*.

Installed with the “Chalet ALFA” in the city of the Bel-Air located in the high-Montreuil, **Claude SCHRAYER** (Black belt n° 569 of the CCN - College of the Black Belts - in 1966), **Philippe FLORENTIAU** and **Pierre PORTOCARRERO**, sought to transmit, in margin federations and conflicts of interests which animate(d) them, teaching received their Masters: Jean BIANCHERI, Guy LORENZI, Andre NOCQUET, NAKAZONO Mutsuro, NORO Misamachi, EJESHI Tokujiro, YOSHIMURA Kenji, TSUDA Itsuo,...

Join by **Georges CHARLES**, they found in October 1976 the **FFRZ** (*French Federation of Ritsu Zen*) of which one of the objectives is the multi-field study of Japanese and Chinese martial arts. The **FFRZ** organizes several training courses until beginning of the year 80.

Following the programmed destruction of the *dojo* of the “Chalet ALFA” in June 1987, and thanks to the mediation of the Service of the Sports of the town of Montreuil-sous-Bois, the courses were transferred, as from September 1987, in the Salle Bleue of the Bel-Air, room of user-friendliness of the district. These new buildings not making it possible to take again the totality of the disciplines applied to the **AMT**, only the courses of *aikido*, *ken jitsu* and *iaido* continued to be exempted.

Association **AMT** is then dissolved and a new association is created in July 1987 under the name of **ARZ** (*Academy of Ritsu Zen*). The *ritsu Zen* - active *Zen* upright/- is the study of *Zen* in the movement, in the action. It is during *za Zen* - sitted/motionless *Zen* - which is a personal research through the meditation.

Since 1973, several pupils passed to them *kirigami* and some became teachers. They installed their *dojo* in France and Spain: Montreuil-sous-Bois (F-93), Lamotte-Beuvron (F-41/since 1989), Provençhères-sur-Fave (F-88/since 1990), Girona (Sp./since 1989) and Almería (Sp./from 1995 till 2004).

On the initiative of Philippe FLORENTIAU, the **ARZ** ensures since October 1978, of the courses of *aikido* at the **Maison Populaire** of Montreuil-sous-Bois. The courses are ensured there since October 1994 per **Louis PICOCHÉ**.

The courses of *aikido* in the Salle Bleue of the Bel-Air of Montreuil-sous-Bois were directed successively by:

- Claude SCHRAYER from October 1987 to October 1988
- Philippe FLORENTIAU from November 1988 to June 1990
- **Christian AGOSTINI** from October 1990 to June 1994
- **Renaud SACREZ** from October 1994 to June 1999
- Louis PICOCHÉ since October 1999

On March 7, 2009, after important renovation works, the Salle Bleue of the Bel-Air receives officially the name of “*Dojo Didier-LEFEVRE*” of the name of old teaching **AMT**, technical adviser of *karatedo* of the **FFRZ**, deceased in 2007.

In June, 2009, before his departure in Colombia, Claude SCHRAYER named **Carles VALLDEPERAS-ROCA** responsible for the teaching of *aikido* in the *dojo* of Girona (Spain) and responsible **Alex PERACAULA** for the *ken jitsu* and the *iaido*.

In Octobre 2012, Alex PERACAULA opened a *dojo* of *Aikido*, de *Ken Jitsu* and *Iaido* at Olot (Catalunia / Spain).

**The teachers of the ARZ do not have, in any manner the claim, to hold the “truth”, but they try to offer to the knowledge of their pupils, the philosophical and traditional message of the *budo* of the Masters founders.**

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