

4.8. TRAINING COURSES – SEASON 2012 / 2013

ARZ proposes you a selection of training courses among all those proposed by Federations and clubs:

ARZ Training courses – GHAAN Training courses– FFAB Training courses

October 07th, 2012 - AIKIDO - ATHIS-MONS (F-91200)

Teacher **Claude CEBILLE** (6th dan - RTN - GHAAN)
Place Gymnase Georges-Argant
avenue Henri-Dunant - 91200 - Athis-Mons – France
Schedules Sunday, October 07th, 2012 09:30 am - 12:30 pm
Price lists Follower: 10 €
Information Thierry GEOFFROY - ☎ +33 (0) 6 81 11 05 60 - th_geoffroy@yahoo.fr

October 21st, 2012 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (5th dan - RTN - GHAAN)
Theme School of executives - from the 2nd kyu
Place Gymnase La Source
1, boulevard Rodin - 92130 - Issy-les-Moulineaux – France
Schedules Sunday, October 21st, 2012 09:00 am - 12:00 pm
Price lists Follower: Free
Information Pascal HEYDACKER - ☎ +33 (0) 6 21 09 03 12

November 18th, 2012 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Hervé DIZIEN** (6th dan - RTN - GHAAN)
Place Centre Sportif Gilbert-Noël
52, avenue Didier - 94100 - Saint-Maur-des-Fossés – France
Schedules Sunday, November 18th, 2012 09:00 am - 12:00 pm
Price lists Follower: 10 €
Information Jacques GUERIN - ☎ +33 (0) 6 62 88 56 94

November 25th, 2012 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (5th dan - RTN - GHAAN)
Theme School of executives - from the 2nd kyu
Place Gymnase La Source
1, boulevard Rodin - 92130 - Issy-les-Moulineaux – France
Schedules Sunday, November 25th, 2012 09:00 am - 12:00 pm
Price lists Follower: Free
Information Pascal HEYDACKER - ☎ +33 (0) 6 21 09 03 12

January 12th & 13th, 2013 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Claude GENTIL** (7th dan - RTN - GHAAN)
Place Centre Sportif Gilbert-Noël
52, avenue Didier - 94100 - Saint-Maur-des-Fossés – France
Schedules Saturday, January 12th, 2013 09:00 am - 06:00 pm
Sunday, January 13th, 2013 09:00 am - 12:00 pm
Price lists Follower:

- 1 day 10 €
- 2 days 15 €
Information Jacques GUERIN - ☎ +33 (0) 6 62 88 56 94

January 20th, 2013 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (5th dan - RTN - GHAAN)
Theme School of executives - from the 2nd kyu
Place Gymnase La Source
1, boulevard Rodin - 92130 - Issy-les-Moulineaux – France
Schedules Sunday, January 20th, 2013 09:00 am - 12:00 pm
Price lists Follower: Free
Information Pascal HEYDACKER - ☎ +33 (0) 6 21 09 03 12

January 27th, 2013 - AIKIDO - MASSY (F-91300)

Teacher **Jean-Pierre DATIGNY** (6th dan - RTN - GHAAN)
Place Gymnase de la Poterne - rue des Mignaux - 91300 - Massy – France
Schedules Sunday, January 27th, 2013 09:00 am - 12:00 pm
Price lists Follower: 10 €
Information Hervé CHAPOTIN - ☎ +33 (0) 6 87 56 50 62 - esm.aikido@aliceadsl.fr

February 10th, 2013 - AIKIDO - MASSY (F-91300)

Teacher **Claude CEBILLE** (6th dan - RTN - GHAAN)
Place Gymnase de la Poterne - rue des Mignaux - 91300 - Massy – France
Schedules Sunday, February 10th, 2013 09:00 am - 12:00 pm
Price lists Follower: 10 €
Information Hervé CHAPOTIN - ☎ +33 (0) 6 87 56 50 62 - esm.aikido@aliceadsl.fr

February 23rd & 24th, 2013 - AIKIDO - MONTREUIL (F-93100)

Teachers **Louis PICOCHÉ** (*Renshi / Reiken*)
Guest: **Pascal HEYDACKER** (5th dan - RTN - GHAAN)
Place *Dojo* Didier-Lefèvre
14, rue du Bel-Air - 93100 - Montreuil-sous-Bois – France
Dojo du Gymnase René-Doriant (*At the end of the Swimming pool*)
rue du Colonel-Raynal - 93100 - Montreuil-sous-Bois – France
Subway: line 9 - *Croix de Chavaux*
Schedules Schedules can be modified according to followers' presence of the ARZ of Girona (Esp.).
Saturday, February 23rd, 2013 DDL: 09:30 am - 11:30 am
DRD: 03:00 pm - 04:30 pm / 05:00 pm - 06:30 pm
Sunday, February 24th, 2013 DRD: 09:30 am - 12:30 pm
Price lists Follower:
- Training courses + meal (on Saturday evening) €
- For one training course 5 €
- Meal (on Saturday evening) €
Information Martine PICOCHÉ - ☎ +33 (0) 1 48 57 20 20 - info@arz.asso.fr

March 24th, 2013 - AIKIDO - YERRES (F-91330)

STAGE A LA MEMOIRE DE MAITRE ANDRE-NOCQUET
Teachers RTN (National Technical Persons in charge) of GHAAN

Place Dojo du CYAM (Club Yerrois d'Arts Martiaux)
13, rue Lucien-Manès - 91330 - Yerres – France
RER: line D - gare de Yerres

Schedules Sunday, March 24th, 2013 09:30 am - 01:30 pm

Price lists Follower: 10 €

Information Federal license and medical certificate will be asked for the access to *tatami*.
Roland GILABEL - ☎ +33 (0) 1 69 40 21 01
Alain FLOURE - ☎ +33 (0) 1 60 63 62 47

April 14th, 2013 - AIKIDO - MASSY (F-91300)

Teacher **Pascal HEYDACKER** (5th dan - RTN - **GHAAN**)

Place Gymnase de la Poterne - rue des Mignaux - 91300 - Massy – France

Schedules Sunday, April 14th, 2013 09:00 am - 12:00 pm

Price lists Follower: 10 €

Information Hervé CHAPOTIN - ☎ +33 (0) 6 87 56 50 62 - esm.aikido@aliceadsl.fr

April 27th & 28th, 2013 - AIKIDO - SAINT-MAUR (F-94100)

Teacher **Jean-Luc DELABY** (6th dan - RTN - **GHAAN**)

Place Centre Sportif Gilbert-Noël
52, avenue Didier - 94100 - Saint-Maur-des-Fossés – France

Schedules Saturday, April 27th, 2013 09:00 am - 06:00 pm
Sunday, April 28th, 2013 09:00 am - 12:00 pm

Price lists Follower:
- 1 day 10 €
- 2 days 15 €

Information Jacques GUERIN - ☎ +33 (0) 6 62 88 56 94

May 18th - 19th & 20th, 2013 - AIKIDO - PROVENCHERES-SUR-FAVE (F-88)

Teacher **Philippe FLORENTIAU** (*Kyoshi / Reiken*)

Theme *Aikido, of the dojo in the life ... and vice versa.*

Place Centre Culturel de la Fave
5, place des tissages - 88490 - Provenchères-sur-Fave – France

Schedules Saturday, May 18th, 2013
- Lunch
- **Aikido** 03:00 pm - 06:00 pm*
- Dinner

Sunday, May 19th, 2013
- **Aikido** 09:30 am - 12:00 pm
- Lunch
- **Aikido** 03:30 pm - 06:00 pm
- Dinner

Monday, May 20th, 2013
- **Aikido** 09:30 am - 12:00 pm
- Lunch

Price lists Follower:
- Accommodation in holiday cottage + meal + training courses 165 €
- Accommodation in holiday cottage + meal 165 € (adults)
- Accommodation in holiday cottage + meal 115 € (children)

Information Philippe FLORENTIAU - ☎ +33 (0) 3 29 51 22 56

May 25th, 2013 - AIKIDO / KEN JUTSU - QUIMBAYA (Col.)

Teacher **Claude SCHRAYER** (*Kyoshi / Ryu no Maki*)
Theme *De Ai & Ma Ai*
Place Dojo Tenshi - Finca Tenshi
Vereda La Montaña - Quimbaya - Quindío - Colombia
Schedules Saturday May 25th, 2013
Shobu Aiki 09:00 am - 10:30 am
Ken Jutsu 11:00 am - 12:00 pm
Lunch 12:00 pm - 02:00 pm
Ken Jutsu 02:00 pm - 03:00 pm
Shobu Aiki 03:00 pm - 04:30 pm
Price List Confirmed followers:
- Courses + lunch 20.000 \$ de pesos
Information Claude SCHRAYER - ☎ +3299 311 382 7113 - <http://dojotenshi.com/>

June 02nd, 2013 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (5th dan - RTN - GHAAN)
Theme School of executives - from the 2nd kyu
Place Gymnase La Source
1, boulevard Rodin - 92130 - Issy-les-Moulineaux – France
Schedules Sunday, June 02nd, 2013 09:00 am - 12:00 pm
Price lists Follower: Gratuit
Information Pascal HEYDACKER - ☎ +33 (0) 6 21 09 03 12

June 22nd, 2013 - AIKIDO - PARIS (F-75016)

Teachers **Hervé DIZIEN** (6th dan - RTN - GHAAN)
Pascal HEYDACKER (5th dan - RTN - GHAAN)
Rémi HOURDEQUIN (5th dan - *Iwama Ryu*)
Theme Training course of the end of season
Place Centre Coubertin - 82, avenue Georges-Laffont - 75016 - Paris – France
Subway: line 9 - Porte de Saint-Cloud
Schedules Saturday, June 22nd, 2013 09:00 am - 05:00 pm
Price lists Follower:
Information FFAB - Ile-de-France - <http://aikido-paris-idf.org>