

4.8. TRAINING COURSES – SEASON 2017 / 2018

ARZ proposes you a selection of training courses among all those proposed by Federations and clubs:

ARZ Training courses – GHAAN Training courses– FFAB Training courses

14th of October, 2017 - AIKIDO - ATHIS-MONS (F-91200)

Teachers **Thierry GEOFFROY** (4th *dan* - GHAAN - ACTM)
Theme Preparation with examinations “*dan*” - U.F.A.
Place Gymnase Georges-Argant - avenue Henri-Dunant - 91200 - **Athis-Mons** - France
Schedules Saturday 14th of October, 2017 09:30 am - 12:30 pm
Prices Students: Free
Information With a minimum level of 2nd *kyu*
Thierry GEOFFROY - ☎ 00 33 (0) 6 81 11 05 60 - @: th_geoffroy@yahoo.fr



15th of October, 2017 - AIKIDO - ATHIS-MONS (F-91200)

Teacher **Pascal HEYDACKER** (6th *dan* - GHAAN - RTN)
Theme School of managers
Place Gymnase Georges-Argant - avenue Henri-Dunant - 91200 - **Athis-Mons** - France
Schedules Sunday 15th of October, 2017 09:30 am - 12:30 pm
Prices Students: Free
Information With a minimum level of 2nd *kyu*
Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr



30th of October, 2017 - AIKIDO - PARIS (F-75012)

Teachers **Jean-Claude JOANNES** (7th *dan* - FFAB - CEN)
Jean-Marc CHAMOT (6th *dan* - FFAB)
Brahim SI GUESMI (6th *dan* - FFAB)
Ahmed SI GUESMI (6th *dan* - FFAB)
SUGA Toshiro (7th *dan* - FFAB)
Theme Training course of opening the season
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Saturday 30 of October, 2017 09:30 am - 12:00 pm / 02:30 pm - 05:30 pm
Prices Students:
- ½ day €
- full training course €

Information FFAB - Ile-de-France - ☎ 00 33 (0) 1 60 12 41 58 - aikido-paris-idf.org/



12th of November, 2017 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Hervé DIZIEN** (7th dan - **GHAAN** - RTN)
Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 - **Saint-Maur-des-Fossés** - France
Schedules Sunday 12th of November, 2017 09:00 am - 12:00 pm
Prices Students: €
Information E. FLEURY - ☎ 00 33 (0)



26th of November, 2017 - AIKIDO - YERRES (F-91330)

Teacher **Jean-Luc DELABY** (6th dan - **GHAAN** - RTN)
Theme
Place Dojo du CYAM (Club Yerrois d'Arts Martiaux) - 13, rue Lucien-Manès - 91330 - **Yerres** - France
RER: line D - gare de Yerres
Schedules Sunday 26th of November, 2017 09:30 am - 01:00 pm
Prices Students: €
Information Roland GILABEL - ☎ 00 33 (0) 1 69 40 21 01
Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47



02nd - 03rd of December, 2017 - AIKIDO - PARIS (F-75012)

Teacher **Luc BOUCHARÉU** (7th dan - **FFAB** - CEN)
Theme National training course CEN
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Saturday 02nd of December, 2017 09:30 am - 12:30 pm / 02:30 pm - 05:30 pm
Sunday 03rd of December, 2017 09:30 am - 12:30 pm
Prices Students:
- ½ day €
- Saturday €
- Sunday €
- full training course €

Information FFAB - Ile-de-France - ☎ 00 33 (0) 1 60 12 41 58 - aikido-paris-idf.org/



03rd of December, 2017 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th *dan* - **GHAAN** - RTN)

Theme School of managers

Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France

RER: line C - Issy

Schedules Sunday 03rd of December, 2017 09:30 am - 12:30 pm

Prices Students: Free

Information With a minimum level of 2nd *kyu*

Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr



16th of December, 2017 - AIKIDO - PARIS (F-75012)

Teachers **Brahim SI GUESMI** (6th *dan* - **FFAB**)

Youlika MICHALSKI (4th *dan* - **FFAB**)

Theme Regional training course

Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France

Subway: line 8 - Porte de Charenton

Schedules Saturday 16th of December, 2017 09:30 am - 12:30 pm / 02:30 pm - 05:30 pm

Prices Students:
- ½ day €
- full training course €

Information FFAB - Ile-de-France - ☎ 00 33 (0) 1 60 12 41 58 - aikido-paris-idf.org/



17th of December, 2017 - AIKIDO - MASSY (F-91300)

Teacher **Thierry GEOFFROY** (4th *dan* - **GHAAN** - ACTM)

Theme Preparation with examinations “*dan*” - U.F.A.

Place Gymnase de la Poterne - rue des Mignaux - 91300 - **Massy** - France

Schedules Sunday 17th of December, 2017 09:30 am - 12:30 pm

Prices Students: Free

Information With a minimum level of 2nd *kyu*

Anoush Kan RAHAMANEKAN - ☎ 00 33 (0) 6 80 84 72 65 - esm.aikido@aliceadsl.fr



17th of December, 2017 - AIKIDO - PARIS (F-75012)

Teacher **Jean-Marc CHAMOT** (6th *dan* - **FFAB**)

Theme School of managers - Weapons
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Sunday 17th of December, 02:30 pm - 05:30 pm
2017
Prices Students: €
Information FFAB - Ile-de-France - ☎ 00 33 (0) 1 60 12 41 58 - aikido-paris-idf.org/



13th & 14th of January, 2018 - **AIKIDO** - MONTIGNY-LE-BRETONNEUX (F-78180)

Teacher **Michel DESROCHES** (6th dan - **GHAAN** - RTN)
Place Centre sportif Pierre-de-Coubertin - 2, rue Charles-Linné - 78180 - **Montigny-le-Bretonneux** - France
Schedules Saturday 13th of January, 03:00 pm - 06:00 pm
2018
Sunday 14th of January, 2018 10:00 am - 12:00 pm
Prices Students:
- Saturday €
- Sunday €
- Full training course €
Information Open to all - from 14 years
Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - @:
aikido.montigny@gmail.com - aikido-montigny.com



14th of January, 2018 - **AIKIDO** - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Claude GENTIL** (7th dan - **GHAAN** - RTN)
Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 - **Saint-Maur-des-Fossés** - France
Schedules Sunday 14th of January, 2018 09:00 am - 12:00 pm
Prices Students: €
Information E. FLEURY - ☎ 00 33 (0)



27th of January, 2018 - **AIKIDO** - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th dan - **GHAAN** - RTN)
Theme Preparation with examinations “dan” - U.F.A.
Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France
RER: line C - Issy
Schedules Sunday 27th of January, 2018 09:30 am - 12:30 pm
Prices Students: Free
Information With a minimum level of 2nd kyu

Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr



28th of January, 2018- **AIKIDO** - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th dan - GHAAN - RTN)

Theme School of managers

Place Gymnase La Source - 1, boulevard Rodin - 92130 - Issy-les-Moulineaux - France

RER: line C - Issy

Schedules Sunday 28th of January, 2018 09:30 am - 12:30 pm

Prices Students: Free

Information With a minimum level of 2nd kyu

Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr



03rd of February, 2018 - **AIKIDO** - MONTREUIL (F-93100)

Teacher **Louis PICOCHÉ** (Kyoshi / Reiken)

Theme

Place Dojo of the Gymnase René-Doriant - rue du Colonel-Raynal - 93100 - Montreuil-sous-Bois - France

At the end of the Swimming pool of Montreuil

Subway: line 9 - Croix de Chavaux

Trajets

Schedules Saturday 03rd of February, 2018 02:30 pm - 05:30 pm

Prices Students: 5 €

Information Martine PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @: info@arz.asso.fr



04th of February, 2018 - **AIKIDO** - MONTREUIL (F-93100)

Teacher **Pascal HEYDACKER** (6th dan - GHAAN - RTN)

Theme

Place Dojo of the Gymnase René-Doriant - rue du Colonel-Raynal - 93100 - Montreuil-sous-Bois - France

At the end of the Swimming pool of Montreuil

Subway: line 9 - Croix de Chavaux

Trajets

Schedules Sunday 04th of February, 2018 09:30 am - 12:30 pm

Prices Students: 10 €

Information Martine PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @: info@arz.asso.fr

Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr



11th of February, 2018 - AIKIDO - PARIS (F-75012)

Teacher **Philippe COCCONI** (6th *dan* aikido - **FFAB** / 4th *dan* iaïdo - **FEI**)
Theme Regional training course - Weapons
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Sunday 11th of February, 2018 09:30 am - 12:30 pm / 02:30 pm - 05:30 pm
Prices Students:
- ½ day €
- full training course €
Information FFAB - Ile-de-France - ☎ 00 33 (0) 1 60 12 41 58 - aikido-paris-idf.org/



11th of March, 2018 - AIKIDO - YERRES (F-91330)

Teachers **RTN (National Technical Managers) of GHAAN**
Theme **TRAINING COURSE IN THE MEMORY OF MASTER ANDRE-NOCQUET**
Place Dojo du CYAM (Club Yerrois d'Arts Martiaux) - 13, rue Lucien-Manès - 91330 - **Yerres** - France
RER: line D - gare de Yerres
Schedules Sunday 11th of March, 2018 09:30 am - 01:00 pm
Prices Students: €
Information The federal licence and a doctor's certificate will be required for the access to the *tatami*.
Roland GILABEL - ☎ 00 33 (0) 1 69 40 21 01
Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47



07th of April, 2018 - AIKIDO - MONTIGNY-LE-BRETONNEUX (F-78180)

Teacher **Hervé DIZIEN** (7th *dan* - **GHAAN** - RTN)
Place Centre sportif Pierre-de-Coubertin - 2, rue Charles-Linné - 78180 - **Montigny-le-Bretonneux** - France
Schedules Saturday 07th of April, 2018 03:00 pm - 06:00 pm
Prices Students: €
Information Open to all - from 14 years
Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - @:
aikido.montigny@gmail.com - aikido-montigny.com



08th of April, 2018 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Jean-Luc DELABY** (6th *dan* - **GHAAN** - RTN)

Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 - **Saint-Maur-des-Fossés** - France
Schedules Sunday 08th of April, 2018 09:30 am - 01:00 pm
Prices Students: €
Information E. FLEURY - ☎ 00 33 (0)



21st - 22nd of April, 2018 - AIKIDO - PARIS (F-75012)

Teacher **YAMADA Yoshimitsu Shihan** (8th dan)
Theme National training course CEN
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Sturday 21st of April, 2018 09:30 am - 12:30 pm / 02:30 pm - 05:30 pm
Sunday 22nd of April, 2018 09:30 am - 12:30 pm
Prices Students:
- ½ day €
- Saturday €
- Sunday €
- full training course €
Information FFAB - Ile-de-France - ☎ 00 33 (0) 1 60 12 41 58 - aikido-paris-idf.org/



22nd of April, 2018 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th dan - **GHAAN** - RTN)
Theme School of managers
Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France
RER: line C - Issy
Schedules Sunday 22nd of April, 2018 09:30 am - 12:30 pm
Prices Students: Free
Information With a minimum level of 2nd *kyu*
Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr



05th - 06th of May, 2018 - AIKIDO - PARIS (F-75012)

Teacher **Luc BOUCHARÉU** (7th dan - **FFAB** - CEN)
Theme National training course CEN
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Saturday 05th of May, 2018 09:30 am - 12:30 pm / 02:30 pm - 05:30 pm
Sunday 06th of May, 2018 09:30 am - 12:30 pm

Prices Students:
- ½ day €
- Saturday €
- Sunday €
- full training course €

Information FFAB - Ile-de-France - ☎ 00 33 (0) 1 60 12 41 58 - aikido-paris-idf.org/



26th & 27th of May, 2018 - AIKIDO - MONTIGNY-LE-BRETONNEUX (F-78180)

Teacher **Hervé DIZIEN** (7th dan - **GHAAN** - RTN)

Place Centre sportif Pierre-de-Coubertin - 2, rue Charles-Linné - 78180 - **Montigny-le-Bretonneux** - France

Schedules Saturday 26th of May, 2018 03:00 pm - 06:00 pm
Sunday 27th of May, 2018 10:00 am - 12:00 pm

Prices Students - training course open to all from 14 years:
- Saturday €
- Sunday €
- full training course €

Information Open to all - from 14 years

Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - @:
aikido.montigny@gmail.com - aikido-montigny.com



23th of June, 2018 - AIKIDO - PARIS (F-75012)

Teachers

Theme Regional training course of the end of the season

Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton

Schedules Saturday 23th of June, 2018 09:30 am - 12:30 pm / 02:30 pm - 05:30 pm

Prices Students:
- ½ day €
- full training course €

Information FFAB - Ile-de-France - ☎ 00 33 (0) 1 60 12 41 58 - aikido-paris-idf.org/



From 14th till 22nd of July, 2018 - AIKIDO / IAIDO - LESNEVEN (F-29)

Teachers **YAMADA Yoshimitsu Shihan** (8th dan)

IRIE Yoshinobu Shihan (Aikikai Hombu Dojo)

SUGA Toshiro Shihan (6th dan Aikikai - 7th dan CSDGE)

Iaido: **Malcom TIKI SHEWAN** (6th dan)

Place Salle Kerjezequel - 29260 - **Lesneven** - France

Schedules From Saturday, 14th till Sunday 22nd of July, 2018

Prices Students:
- *Aikido* €
- *Iaido / Ken Jutsu* €

Information Lesneven Aikido - <http://www.lesneven-aikido.com> - @: stage@lesneven-aikido.com



From 19th till 25th of August 2018 - AIKIDO / IAIDO / KEN JITSU - LE TEMPLE-SUR-LOT (F-47110)

Teachers **Claude SCHRAYER** (*Kyoshi / Ryu no Maki*)
Philippe FLORENTIAU (*Kyoshi / Reiken*)
Louis PICOCHÉ (*Kyoshi / Reiken*)
Àlex PERACAULA I TARRÉS (*Kyoshi / Reiken*)

Theme *Shochu Geiko* (Training course known as “of the heat” in the tradition of *Budo*):
Adaptation

Place Domaine de Lembrun - 47110 - **Le Temple-sur-Lot** - France
☎ 00 33 (0) 5 53 40 50 50 - <http://www.lembrun.com/> - @: lembrun@hotmail.com

Schedules From Sunday 19th of August 2018 - 5:00 pm till Saturday 25th of August 2018
after the breakfast - **Program**

Prices Students:
- **Accommodation + meal + courses for 6 days** €
- Accommodation + meal + courses for 1 day €
- Only courses for 6 days €
- Courses for 1 day €
- 1 meal €

Guide:
- Adult: Accommodation + meal for 6 days €
- Adult: Accommodation + meal for 1day €

Information Martine PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @: info@arz.asso.fr

Inscription **Registration form**

