

4.8. TRAINING COURSES – SEASON 2018 / 2019

ARZ proposes you a selection of training courses among all those proposed by Federations and clubs:

ARZ Training courses – GHAAN Training courses– FFAB Training courses

22nd of September, 2018 - AIKIDO - ATHIS-MONS (F-91200)

Teachers **Thierry GEOFFROY** (4th *dan* - GHAAN - ACTM)
Theme Control of the technical Naming
Place Gymnase Georges-Argant - avenue Henri-Dunant - 91200 - **Athis-Mons** - France
Schedules Saturday 22nd of September, 09:30 am - 12:30 pm
2018
Prices Students: Free
Information With a minimum level of 2nd *kyu*
Thierry GEOFFROY - ☎ 00 33 (0) 6 81 11 05 60 - @:
th_geoffroy@yahoo.fr



13th of October, 2018 - AIKIDO - ATHIS-MONS (F-91200)

Teachers **Pascal HEYDACKER** (6th *dan* - GHAAN - RTN)
Michel DESROCHES (6th *dan* - GHAAN - RTN)
Alain FLOURE (5th *dan* - GHAAN - ACTM)
Thierry GEOFFROY (4th *dan* - GHAAN - ACTM)
Theme Preparation with examinations “*dan*” - U.F.A.
Place Gymnase Georges-Argant - avenue Henri-Dunant - 91200 - **Athis-Mons** - France
Schedules Saturday 13th of October, 09:30 am - 12:30 pm / 02:30 pm
2018 - 05:00 pm
Prices Students: Free
Information With a minimum level of 2nd *kyu*
Thierry GEOFFROY - ☎ 00 33 (0) 6 81 11 05 60 - @:
th_geoffroy@yahoo.fr



14th of October, 2018 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Hervé DIZIEN** (7th *dan* - GHAAN - RTN)
Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 - **Saint-Maur-des-Fossés** - France
Schedules Sunday 14th of October, 2018 09:00 am - 12:00 pm
Prices Students: 10 €
Information Emmanuel FLEURY - ☎ 00 33 (0) 06 07 17 15 73



14th of October, 2018 - AIKIDO - ATHIS-MONS (F-91200)

Teacher **Pascal HEYDACKER** (6th dan - **GHAAN** - RTN)

Theme School of managers

Place Gymnase Georges-Argant - avenue Henri-Dunant - 91200 - **Athis-Mons** - France

Schedules Sunday 14th of October, 2018 09:30 am - 12:30 pm

Prices Students: Free

Information With a minimum level of 2nd *kyu*

Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @:
tazplh@neuf.fr



03rd & 04th of November, 2018 - AIKIDO - MASSY (F-91300)

Teacher **Michel DESROCHES** (6th dan - **GHAAN** - RTN)

Place Gymnase de la Poterne - rue des Mignaux - 91300 - **Massy** - France

Schedules Saturday 03rd of November, 2018 03:00 pm - 06:00 pm

Sunday 04th of November, 2018 10:00 am - 12:00 pm

Prices Students: €

Information Anoush Kan RAHAMANEKAN - ☎ 00 33 (0) 6 80 84 72 65 -
esm.aikido@aliceadsl.fr



11th of November, 2018 - AIKIDO - YERRES (F-91330)

Teachers **Roland GILABEL** (5th dan - **GHAAN** - ACTM)

Alain FLOURE (5th dan - **GHAAN** - ACTM)

Thierry GEOFFROY (4th dan - **GHAAN** - ACTM)

Theme

Place Dojo du CYAM (Club Yerrois d'Arts Martiaux) - 13, rue Lucien-Manès - 91330 - **Yerres** – France

RER: line D - gare de Yerres

Schedules Sunday 11th of November, 2018 09:30 am - 12:30 pm / 03:00 pm - 06:00 pm

Prices Students:
- ½ day 20 €
- full training course 30 €

Information A. DUMONT - ☎ 00 33 (0)



17th & 18th of November, 2018 - AIKIDO - MONTREUIL (F-93100)

Teacher **Louis PICOCHÉ** (*Kyoshi / Reiken*)

Theme

Place Dojo of the Gymnase René-Doriant - rue du Colonel-Raynal -
93100 - **Montreuil-sous-Bois** - France

At the end of the Swimming pool of Montreuil

*Subway: line 9 - Croix de
Chavaux*

[Trajets](#)

Schedules Saturday 17th of November,
2018 02:30 pm - 05:30 pm

Sunday 18th of November,
2018 09:30 am - 12:30 pm

Prices Students:

- ½ day 5 €

- full training course 10 €

Information Louis PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @:
info@arz.asso.fr



18th of November, 2018 - AIKIDO - MASSY (F-91300)

Teacher **Thierry GEOFFROY** (4th dan - **GHAAN** - ACTM)

Theme Control of the technical Naming

Place Gymnase de la Poterne - rue des Mignaux - 91300 - **Massy** -
France

Schedules Sunday 18th of November,
2018 09:30 am - 12:30 pm

Prices Students: Free

Information With a minimum level of 2nd kyu

Anoush Kan RAHAMANEKAN - ☎ 00 33 (0) 6 80 84 72 65 -
esm.aikido@aliceadsl.fr

09th of December, 2018 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th dan - **GHAAN** - RTN)

Theme School of managers

Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-
Moulineaux** - France

RER: line C - Issy

Schedules Sunday 09th of December,
2018 09:30 am - 12:30 pm

Prices Students: Free

Information With a minimum level of 2nd kyu

Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @:
tazplh@neuf.fr



16th of December, 2018 - AIKIDO - YERRES (F-91330)

Teachers **Jean-Luc DELABY** (6th dan - GHAAN - RTN)
Theme Stage national Sénior(e)s
Place Dojo du CYAM (Club Yerrois d'Arts Martiaux) - 13, rue
Lucien-Manès - 91330 - **Yerres** - France
RER: line D - gare de Yerres
Schedules Sunday 16th of December, 09:30 am - 01:00 pm
2018
Prices Students: 10 €
Information Roland GILABEL - ☎ 00 33 (0) 1 69 40 21 01
Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47



12th & 13th of January, 2019 - AIKIDO - MONTIGNY-LE-BRETONNEUX (F-78180)

Teacher **Michel DESROCHES** (6th dan - GHAAN - RTN)
Place Centre sportif Pierre-de-Coubertin - 2, rue Charles-Linné -
78180 - **Montigny-le-Bretonneux** - France
Schedules Saturday 12th of January, 03:00 pm - 06:00 pm
2019
Sunday 13th of January, 2019 10:00 am - 12:00 pm
Prices Students:
- Saturday €
- Sunday €
- Full training course €
Information Open to all - from 14 years
Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - @:
aikido.montigny@gmail.com - aikido-montigny.com



26th of January, 2019 - AIKIDO - ATHIS-MONS (F-91200)

Teachers **Pascal HEYDACKER** (6th dan - GHAAN - RTN)
Michel DESROCHES (6th dan - GHAAN - RTN)
Alain FLOURE (5th dan - GHAAN - ACTM)
Thierry GEOFFROY (4th dan - GHAAN - ACTM)
Theme Preparation with examinations "dan" - U.F.A.
Place Gymnase Georges-Argant - avenue Henri-Dunant - 91200 -
Athis-Mons - France
Schedules Saturday 26th of January, 09:30 am - 12:30 pm / 02:30 pm
2019 - 05:00 pm

Prices Students: Free
Information With a minimum level of 2nd *kyu*
Thierry GEOFFROY - ☎ 00 33 (0) 6 81 11 05 60 - @ :
th_geoffroy@yahoo.fr



27th of January, 2019 - AIKIDO - ATHIS-MONS (F-91200)

Teachers **Pascal HEYDACKER** (6th *dan* - **GHAAN** - RTN)
Theme School of Managers
Place Gymnase Georges-Argant - avenue Henri-Dunant - 91200 -
Athis-Mons - France
Schedules Sunday 27th of January, 2019 09:30 am - 12:30 pm
Prices Students: Free
Information With a minimum level of 2nd *kyu*
Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @ :
tazplh@neuf.fr



27th of January, 2019 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Claude GENTIL** (7th *dan* - **GHAAN** - RTN)
Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 -
Saint-Maur-des-Fossés - France
Schedules Sunday 27th of January, 2019 09:00 am - 12:00 pm
Prices Students: €
Information Emmanuel FLEURY - ☎ 00 33 (0) 06 07 17 15 73



09th of February, 2019 - IAIDO / KEN JITSU - MONTREUIL (F-93100)

Teacher **Philippe FLORENTIAU** (*Kyoshi* / *Reiken*)
Theme
Place *Dojo* Didier-Lefèvre - 14, rue du Bel-Air - 93100 - **Montreuil-**
sous-Bois - France
Schedules Saturday 09th of February, 2019 09:00 am - 12:00 pm
Prices Students: 5 €
Information Louis PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @ :
info@arz.asso.fr



10th of February, 2019 - AIKIDO - MONTREUIL (F-93100)

Teacher **Pascal HEYDACKER** (6th *dan* - **GHAAN** - RTN)
Theme
Place *Dojo* of the Gymnase René-Doriant - rue du Colonel-Raynal -

93100 - **Montreuil-sous-Bois** - France

At the end of the Swimming pool of Montreuil

*Subway: line 9 - Croix de
Chavaux*

[Trajets](#)

Schedules Sunday 10th of february, 2019 09:30 am - 12:30 pm

Prices Students: 10 €

Information Louis PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @:
info@arz.asso.fr



16th & 17th of February, 2019 - **AIKIDO** - CHAMBOURCY (F-78240)

Teacher **Roland GILABEL** (5th dan - **GHAAN** - ACTM)

Theme

Place 78240 - **Chambourcy** - France

Schedules Saturday 16th of February, 2019 03:00 pm - 06:00 pm

Sunday 17th of February, 2019 09:00 am - 12:00 pm

Prices Students:

Information Open to all - from 14 years

Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - @:
aikido.montigny@gmail.com - aikido-montigny.com



17th of March, 2019 - **AIKIDO** - YERRES (F-91330)

Teachers **RTN (National Technical Managers) of GHAAN**

Theme **TRAINING COURSE IN THE MEMORY OF
MASTER ANDRE-NOCQUET**

Place Dojo du CYAM (Club Yerrois d'Arts Martiaux) - 13, rue
Lucien-Manès - 91330 - **Yerres** - France

RER: line D - gare de Yerres

Schedules Sunday 17th of March, 2019 09:30 am - 01:00 pm

Prices Students: 10 €

Information The federal licence and a doctor's certificate will be required
for the access to the *tatami*.

Roland GILABEL - ☎ 00 33 (0) 1 69 40 21 01

Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47



31st of March, 2019 - **AIKIDO** - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Jean-Luc DELABY** (6th dan - **GHAAN** - RTN)

Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 -
Saint-Maur-des-Fossés - France

Schedules Sunday, 31st of March, 2019 09:30 am - 01:00 pm

Prices Students: €

Information E. FLEURY - ☎ 00 33 (0) 06 07 17 15 73



06th of April, 2019 - AIKIDO - MONTIGNY-LE-BRETONNEUX (F-78180)

Teacher **Hervé DIZIEN** (7th dan - **GHAAN** - RTN)

Place Centre sportif Pierre-de-Coubertin - 2, rue Charles-Linné - 78180 - **Montigny-le-Bretonneux** - France

Schedules Saturday 06th of April, 2019 03:00 pm - 06:00 pm

Prices Students: €

Information Open to all - from 14 years

Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - @:

aikido.montigny@gmail.com - aikido-montigny.com



12th of May, 2019 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th dan - **GHAAN** - RTN)

Theme School of Managers

Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France

RER: line C - Issy

Schedules Sunday 12th of May, 2019 09:30 am - 12:30 pm

Prices Students: Free

Information With a minimum level of 2nd kyu

Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @ :

tazplh@neuf.fr



08th - 09th & 10th of June, 2019 - AIKIDO - PROVENCHERES-SUR-FAVE (F-88)

Teacher **Philippe FLORENTIAU** (*Kyoshi / Reiken*)

Theme Rien est tout (*kaimu zenbu no ichi*)

Place Centre Culturel - 5, place des tissages - 88490 - **Provenchères-sur-Fave** - France

Schedules Saturday 08th of June, 2019

- *Aikido* 03:00 pm - 06:00 pm

Sunday 09th of June, 2019

- *Aikido* 10:00 am - 12:00 pm / 03:00 pm - 06:00 pm

Monday 10th of June, 2019

- *Aikido* 09:30 am - 12:00 pm

Price lists Students:



- Accommodation in holiday
cottage + meal + training courses 200 €

- Accommodation in holiday
cottage + meal 200 € (adults) / 150 € (children)

Information Philippe FLORENTIAU - ☎ 00 33 (0) 3 29 51 22 56 - @:
pifou88@yahoo.fr



From 13rd till 21st of July, 2019 - AIKIDO / IAIDO - LESNEVEN (F-29)

Teachers **YAMADA Yoshimitsu Shihan** (8th dan)
FUKAKUSA Motohiro Shihan (8.0 dan - Aikikai Hombu Dojo)
SUGA Toshiro Shihan (6th dan Aikikai - 7th dan CSDGE)
Iaido: **Malcom TIKI SHEWAN** (6th dan)

Place Salle Kerjezequel - 29260 - **Lesneven** - France

Schedules From Saturday, 13rd till Sunday 21st of July, 2019

Prices Students:
- *Aikido* 180,00 €
- *Iaido / Ken Jutsu* 90,00 €

Information Lesneven Aikido - <http://www.lesneven-aikido.com> - @:
stage@lesneven-aikido.com